

LANTZ FIRE

Issue 4, Fall 2013

Message from the Chief

Many of us are still trying to enjoy the last few days of summer, however there are a couple of weeks remaining of the Atlantic Hurricane Season. This will be swiftly followed by winter and all of the cold, snowy and icy conditions that entails. We frequently experience storms that do not have a severe impact, but it is important to be prepared for any situation.

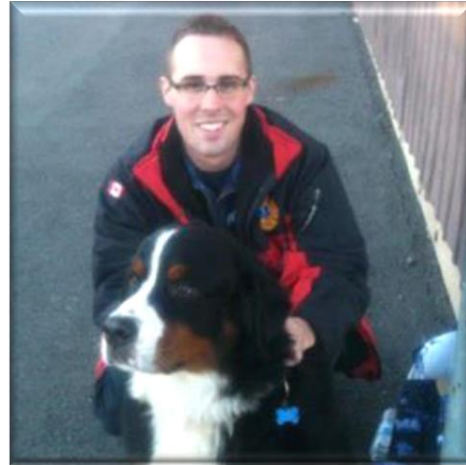
I would recommend every home in our community has an Emergency Preparedness Kit; it will help you deal with anything from short term power cuts to major disasters. The kit should contain supplies that would last you and your family for 72 hours. For those of you that are unsure what items to include check out the Links page of our website under 'Fire Service Related' and find out more.

Glen Paul, Fire Chief
Lantz Fire & Emergency Services

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Helping Those in Trouble on the Ice



When most people think of firefighters, they envision us running into burning buildings with axes and hoses, but our volunteer profession is much more than that. As winter approaches, ice water rescue is one of the areas Lantz firefighters specialize in. We have special dry suits which allow us to enter and float in freezing water to rescue victims who have fallen through.

One cold day last year, Firefighter Raymond Kline was attending a training exercise when his pager alerted him that Lantz was called to assist Enfield Fire with an ice rescue on Grand Lake. Tonka, a

Bernese mountain dog, had fallen through the ice and was struggling to hold on. Lantz's crew responded to the lake and Raymond donned an ice rescue suit. Tethered to a rope, he entered the icy lake and brought the dog to his ecstatic family.

Firefighters actively train with equipment and rescue scenarios to be prepared to act when called upon.

Raymond, humble like most volunteer firefighters, doesn't feel like a hero, but he is for Tonka and the people at the lake that day.

You could be one too - see our website for details!

Member Profile: Cameron MacBeath

Cameron MacBeath originally joined our neighbouring Elmsdale Fire Department in May 2012, along with his dad Steve and brother Owen, after the family moved to Nova Scotia from the UK. At just sixteen years old, Cameron felt like he wanted to find a way to get involved in his new community and to meet new people. In the UK, Steve had worked as an Aviation



Firefighter; listening to his dad's experiences left a lasting impression on Cameron. He says that firefighting has always been something he wanted to do when he grew up.

When the family moved to Lantz early in 2013 all three of the MacBeath boys transferred to the Lantz Fire Department. As one of our junior firefighters, Cameron takes part in all of our department training and responds to calls. However, there are some restrictions to the tasks he can perform - these restrictions are

I've already recommended firefighting to other people my age - it's fun and exciting!

*Cameron MacBeath,
LVFD Junior Firefighter*

intended to protect all junior firefighters from exposure to traumatic or dangerous situations. Cameron enjoys being a firefighter and feels he gets to participate and contribute to the department. During training Cameron always feels encouraged by other members to get involved in whatever training is being provided - this helps prepare for the day he turns 18 and becomes a senior member.

While it is not a requirement that junior members have family accompany them, Cameron says it helped that his dad wanted to join as well. Now Cameron, Steve and Owen all have a shared passion for firefighting, and enjoy spending time together at the Lantz Firehall.

Fire Safety: Prevent Kitchen Fires

It's easy to get distracted while working in the kitchen, but statistics show that cooking is the leading cause of all home fires and fire related injuries. In fact, two of every five fires in the home start in the kitchen!

Here are some key points to staying safe in the kitchen:

- 🔥 Never leave cooking unattended - it only takes seconds for fat or oil to ignite.

- 🔥 Make sure cooking surfaces are clean. Greasy, oily residues can catch fire as the surface heats up.
- 🔥 Keep combustible items away from the stove. Dish cloths, kitchen towel, plastic containers can all be responsible for starting fires.
- 🔥 Make sure there is a working smoke alarm; this should be at least 10 feet from the cooking appliance to prevent false alarms.

For more information on Cooking Safety, visit the Lantz Fire Department website & check out our safety section.



Image reproduced from NFPA's Fire Prevention Week website, www.firepreventionweek.org. ©2013 NFPA.